Annual Calendar

NY Capital Region

Weekly Fundamentals Program

Saturday Thru Thursday Year Round All Levels Randall's Rink, Troy

December School Break

December

Albany County Hockey Facility, Colonie

Winter School Break

February

Albany County Hockey Facility, Colonie

Spring School Break

Albany County Hockey Facility, Colonie

Advanced Player Spring Invitational

April, May, June

Albany County Hockey Facility, Colonie

Summer Hockey Schools

Albany County Hockey Facility, Colonie Randall's Rink Troy, NY

Vermont

Fall Pre-Season Clinic

Middlebury

Summer Hockey School

TBA

For Registration & Info Call

518-281-4811

www.myhockeyskills.com

Spring Schedule

April 05 5:30 - 7:40pm Fri April 12 5:30 - 7:40pm Fri April 19 5:30 - 7:40pm Fri **NO ICE - CAP CUP** April 26

May 03 5:30 - 7:40pm Fri

May 10 5:30 - 7:40pm Fri

May 17 5:30 - 7:40pm Fri

May 24 5:30 - 7:40pm Fri

May 31 5:30 - 7:40pm Fri

June 07 5:30 - 7:40pm Fri

June 14 5:30 - 7:40pm Fri

June 21 5:30 - 7:40pm Fri

5:30 Skating Devolpment

6:30 Stick/Puck & Passing

7:30 Jump Rope & Off Ice

7:45 Depart

Dave Randall's



SPRING 2024

Intermediate Level

INVITATIONAL SPRING PROGRAM

Albany County Rink

April 5th to June 21st Friday Evenings

Skill Development For **Intermediate Players**

Full Equipment Required For All Players

" THE EXCEPTIONAL HOCKEY EXPERIENCE"

See you on the ice!

NORTH AMERICAN HOCKEY SYSTEMS, INC.

SPRING INTERMEDIATE PLAYER INVITATIONAL

Dates: Friday Evenings April 5th to June 21st

NO PRACTICE - April 26

Time: 5:30-7:45pm

Cost: \$525

Date:__

Open To: Intermediate Players By <u>Invitation Only</u>

Location: Albany County Rink

Text Copy, Mail, or Email to:

N.A.H.S. Inc. 200 Oakwood Ave Troy, New York 12182

Phone: 5 1 8 – 2 8 1 – 4 8 1 1		Email: info@myhockeyskills.com	
	<u></u>		
	AC spring 2024 Int.		
Players Name:		DOB:	Age:
E-Mail:	Address:_		
City:	State:	Zip:	
Parent's Names:	Contact #:	Home	e Phone:
Father:			
Mother:			
Experience: Current Level :			s Played:
LIABILIT	Y, IMAGING, AND MEDIC	CAL RELEASE	
In consideration of your permitting (Player) purpose whatsoever, I hereby covenant and agree persons engaged as instructors or administrators everyone of them from and against all claims, liab use by him/her of such facilities, including without arising. I understand that all video and photo in promotional and instructional media. I also give c	with North American Hockey Systems, in any programs in which he/she may be ility, loss cost, damage and expenses wh ut limitation all claims he/she might have mages taken are the sole property of No	Inc., the owners, officer e a participant, to indem ich may in any way arise e for personal injury or porth American Hockey Sorth	rs, agents, and employees, and al nify and hold harmless, each and out of, or in connection with, the property damages to him/her or so ystems, Inc., and may be used in

Signature:

Parent or Guardian