

Spring 2024 Schedule

April 01 8:40 - 10:10pm AC Rink
April 08 8:40 - 10:10pm AC Rink
April 15 8:40 - 10:10pm AC Rink
April 22 NO Skate - Capitol Cup
April 29 8:40 - 10:10pm AC Rink
May 06 8:40 - 10:10pm AC Rink
May 13 8:40 - 10:10pm AC Rink
May 20 8:40 - 10:10pm AC Rink
May 27 NO Skate - Memorial Day
June 03 8:40 - 10:10pm AC Rink
June 10 8:40 - 10:10pm AC Rink

Instructors

Dave Randall
Ryan Secor
Paul Dowdell

Any Questions & Info Call

Phone: 518-281-4811

email: info@myhockeyskills.com



SPRING 2024

ADULT

INDIVIDUAL SKILLS PROGRAM

Skating, Puck Control,
Passing, Shooting,
Game Situation

Albany County Rink

April 1 thru June 10

Monday Evenings

Adult Players

Full Equipment Required For All Players

" THE EXCEPTIONAL HOCKEY EXPERIENCE "

See you on the ice !

www.myhockeyskills.com

NORTH AMERICAN HOCKEY SYSTEMS, INC.

Adult Spring Skills Program

Dates: April 1 – June 10 (Mon Eves)
No Practice 4/22 or 5/27

Fee: \$ 360 9 weeks
\$ 45 for single class when/if available

Times: 8:40 – 10:10pm

Level: Adult Players

Location: Albany County Hockey Facility

Text Copy 518-281-4811 or Mail Form To

**N.A.H.S. Inc.
200 Oakwood Ave.
Troy, New York 12182**

Phone: 518-281-4811

email: info@myhockeyskills.com

Name: _____ Age: _____

EMAIL: _____ Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Home Phone: _____

Current Level: _____ Years Played: _____

Emergency Contact Person: _____ Phone # 1: _____ Phone # 2: _____

Name: _____

LIABILITY, IMAGING, AND MEDICAL RELEASE

In consideration of your permitting me to use the Albany County Hockey Facility Rink, for any purpose whatsoever, I hereby covenant and agree with North American Hockey Systems, Inc., the owners, officers, agents, and employees, and all persons engaged as instructors or administrators in any programs in which he/she may be a participant, to indemnify and hold harmless, each and everyone of them from and against all claims, liability, loss cost, damage and expenses which may in any way arise out of, or in connection with, the use by him/her of such facilities, including without limitation all claims he/she might have for personal injury or property damages to him/her or so arising. I understand that all video and photo images taken are the sole property of North American Hockey Systems, Inc., and may be used in promotional and instructional media. I also give consent to administer first aid and emergency transport to nearest medical facility.

Date: _____

Signature: _____